

Vacancy at N/a'an Ku Se Wildlife Experience – HQ

An exciting and challenging opportunity is available for a **Fitness & Wellness Assistant** to join our team.

Location: Head Office, 02 Chapman Street, Klein Windhoek, Windhoek.

Closing date: 02 July 2026

POSITION OVERVIEW

To support a Health and Human Movement Scientist in delivering individualised member programs within the OptiMed Elite Program. The role involves analysing medical and biokinetics reports, designing personalised exercise programs, presenting training sessions, and managing day-to-day operational and administrative functions to ensure seamless, high-quality member service delivery.

KEY RESPONSIBILITIES

Program Design & Member Support

- Analyse medical and biokinetics reports to inform exercise program design.
- Design and implement individualised exercise programs tailored to each member's needs.
- Facilitate and present training sessions during scheduled hours (05:00–08:00 and 17:00–19:00, subject to member scheduling requirements).
- Conduct member onboarding and bi-weekly reassessments to track progress.
- Conduct fitness assessments and prepare progress reports for members.

Administration & Operations

- Manage scheduling, member communication, and program documentation.
- Maintain accurate membership records and attendance monitoring.
- Provide invoicing support as required.
- Support the day-to-day operational functions of the OptiMed Elite Program.

QUALIFICATIONS AND REQUIREMENTS

Education

- Minimum: Diploma in Fitness, Exercise Science, or a related Health and Human Movement field.
- Preferred: Degree in Fitness, Exercise Science, or a related Health and Human Movement field.
- Also considered: Candidates with a qualification in Biokinetics (junior level or studying towards) are welcome to apply.

Certifications & Licences

- First Aid Certification (advantageous).
- Valid Driver's Licence.

Experience

- 0–2 years' experience in a fitness, wellness, exercise science, or health-related environment.
- Entry-level candidates and recent graduates are welcome to apply.
- Prior exposure to client-facing or health-related work is advantageous.

- Candidates must be eager to learn, coachable, and willing to be developed within a structured, medically-integrated program.

Work Environment & Conditions

- Full-time, facility-based position.
- Combined role involving hands-on training delivery and desk-based administrative duties.
- Flexible and extended hours required, including early mornings and evenings.
- Professional health and wellness environment serving medically-referred members.
- Works directly alongside and under the supervision of the Program Lead.

SKILLS AND COMPETENCIES

Technical Skills

- Exercise science knowledge and the ability to design individualised training programs.
- Ability to read and interpret medical and biokinetics reports.
- Fitness assessment and progress monitoring skills.
- Basic administration, scheduling, and record-keeping.
- Computer literacy.

Behavioural Competencies

- Strong communication and interpersonal skills.
- Reliable, punctual, and self-motivated.
- Detail-oriented and well-organised.
- Adaptable to flexible and variable working hours.
- Professional and empathetic approach to member care.
- Ability to work independently under supervision.
- Genuine passion for health, the human body, and supporting others to achieve their goals.

WHAT WE OFFER

- Competitive salary package aligned with qualifications and experience
- Opportunity to represent diverse, purpose driven brands making a real difference
- Access to the N/a'an ku sê Medical Aid Group (employee contribution)
- Dynamic work environment supporting conservation and community development
- Professional growth opportunities across multiple business sectors

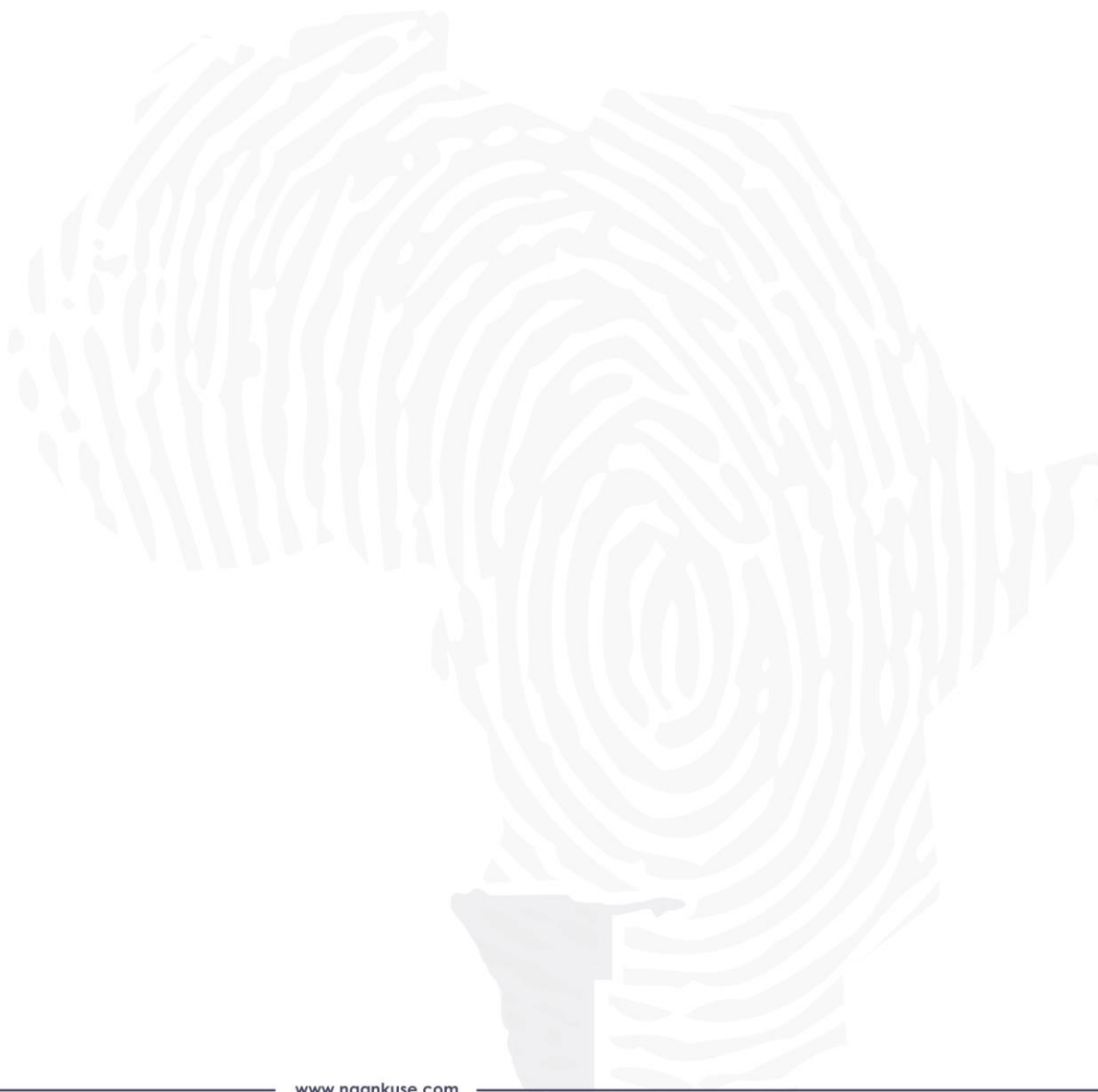
APPLICATION PROCESS

Applications must be submitted via our online portal.

[Vacancy at N/a'an ku sê Wildlife Experience - Fitness & Wellness Assistant – Fill out form](#)



N/a'an ku sê is eco-friendly and paperless: Hand-delivered CVs will not be accepted
Only short-listed candidates will be contacted.



www.naankuse.com

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TimBila Private Villa | TimBila Camp Namibia | TimBila Farmstead | Harnas Guest Farm | Rooster & Co. Restaurant | Lianshulu | Susuwe

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